Designing Age-friendly Cities

Archi-puncture for Ageing-in-Community, Active Living
and Dementia Inclusivity

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SINGAPORE UNIVERSITY OF
TECHNOLOGY AND DESIGN

Social Urban
Laboratory
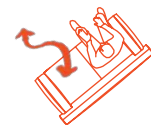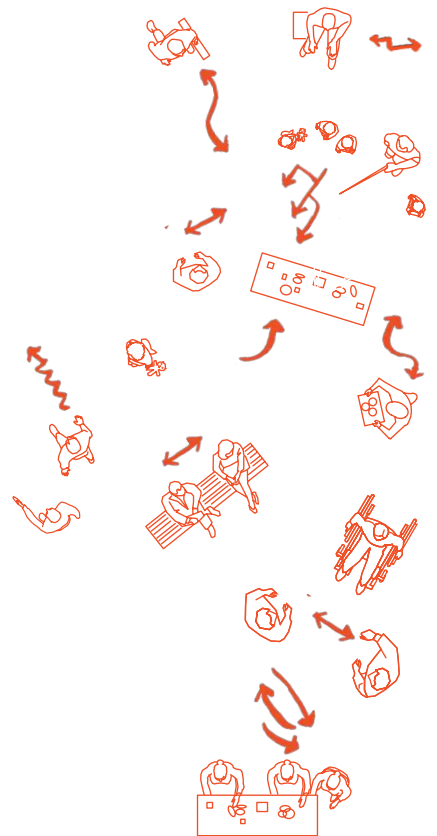
Singapore University of Technology and Design (SUTD)

The Singapore University of Technology and Design (SUTD) is Singapore's fourth public university, established in collaboration with the Massachusetts Institute of Technology (MIT) to advance knowledge and nurture technically-grounded leaders and innovators to serve societal needs. Also in collaboration with Zhejiang University and Singapore Management University, SUTD, a research-intensive university and a pioneer in design-centric, interdisciplinary education, is focused on identifying and analyzing real-world problems, and coming up with comprehensive, systematic, and practical solutions.

Led by Associate Professor Dr. Chong Keng Hua, Social Urban Laboratory (SOULab) is a design research lab based in SUTD, focusing on evidence-based design for **health**, **equity**, **agency** and **life**, through investigating the relationships between people and the environment. Our research interests include demographic shift, healthy longevity, placemaking, place-keeping, asset-based community design, and other emerging urban phenomena. Based on extensive design ethnographic studies and participatory action research, we aim to develop a new design framework that shift the paradigm from urban design to "urban life design", towards a long-term vision of social sustainability.

1 in 4 Singaporeans will be seniors aged 65 and above by **2030**

1 in 3

Singaporeans will be seniors

aged 65 and above by **2050**

Photo: Chong Keng Hua

SENIOR CITIZENS' CORNER
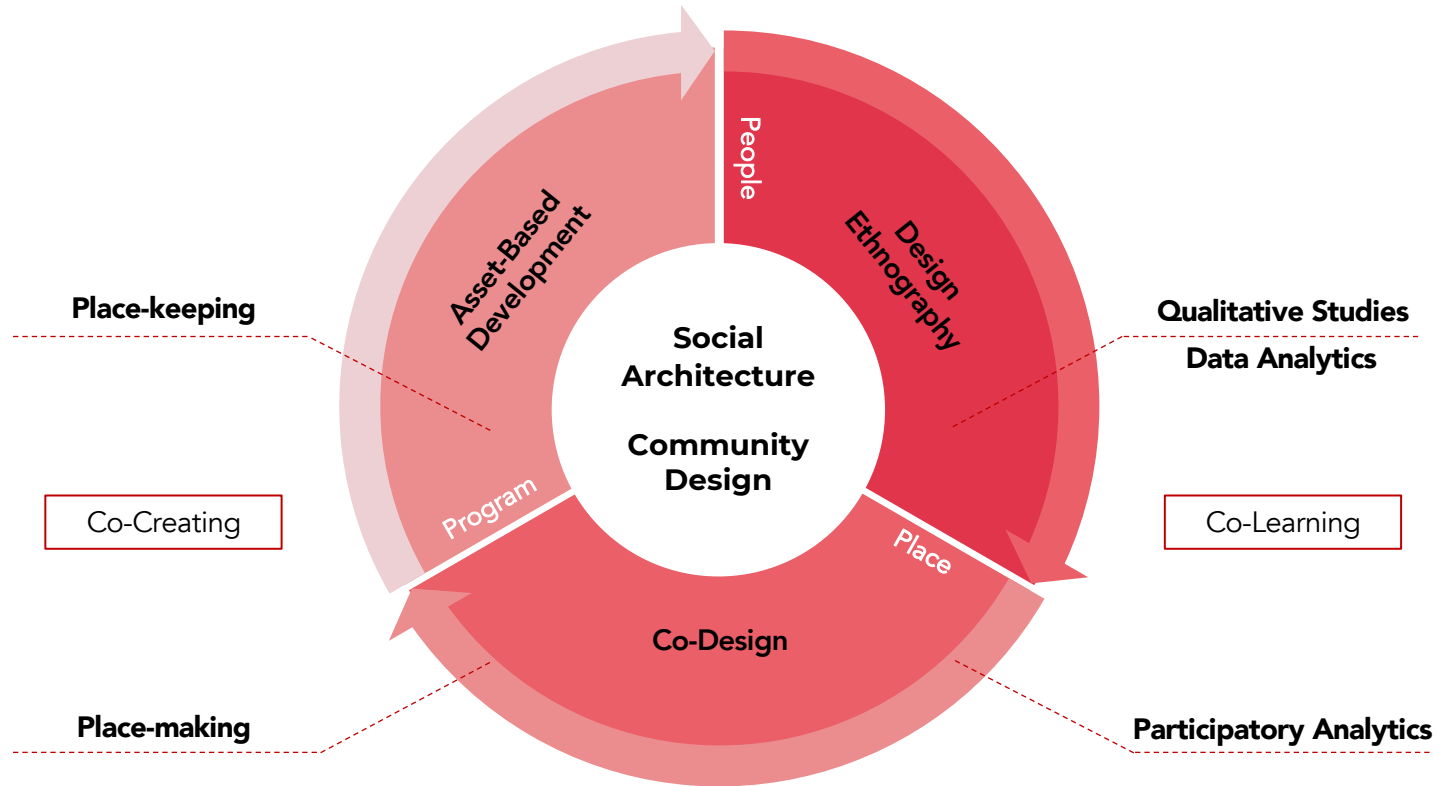
Photo: Chong Keng Hua

Photo: Chong Keng Hua

Please return my flowers that you had taken. Otherwise some-thing will happen to you. Thank you.

Please don't take away any plant from here.

Research &
Design Framework

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Social
Architecture

Community
Design

People

Design
Ethnography

Asset-Based
Development

Place

Program

Co-Design

Place-keeping

Co-Creating

Qualitative Studies
Data Analytics

Co-Learning

Place-making

Participatory Analytics

Design Ethnography

Case Studies

CREATIVE AGEING CITIES
PLACE DESIGN WITH OLDER PEOPLE IN ASIAN CITIES
Routledge Advances in Regional Economics, Science and Policy
Edited by
Keng Hua Chong and Mihye Cho

장수사랑방 : 대안개발연구모임, 애네는 뭐니?

Social Urban Laboratory

Singapore

Japan

South Korea

▲ 2010년 겨울, 우리동네 골목지도를 펼쳐놓고 둘러앉아 어떤 것부터 시도해볼까 토론도 하고… 이렇게 나눈 아이디어가 모이고 모여
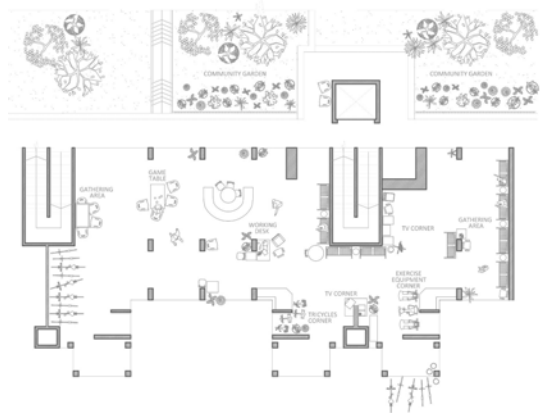
Design Ethnography

Uncovering the New 5Cs that Seniors Need (Scharlach, 2016)

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CONTINUITY	COMPENSATION	CONNECTION	CONTRIBUTION	CHALLENGE
Maintain established social patterns	Meet basic health & physical needs	Meaningful interpersonal interactions	Make positive impacts on others	More physical, intellectual & social stimulations

Ageing-in-Place   Age-friendly   Active Ageing

Ageing-in-Community

Home-bound   → Community-enabled
Independence   Interdependence
Universal design   Adaptive design
Design **For**   Design **With**

Smart Void Deck
HDB Community Living Room

New Horizon
ADA Dementia Day Care
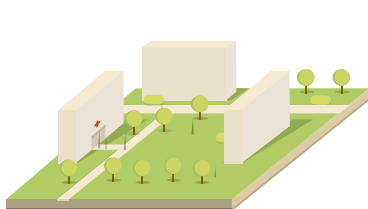
COLOURS
collectively ours

Design Approach
For Ageing-in-Community

DE-INSTITUTIONALISE

Bring healthcare down to community level

DE–LOCALISE

Break away from location-based, move towards more interest- or cause-based social spaces

DIFFERENTIATE

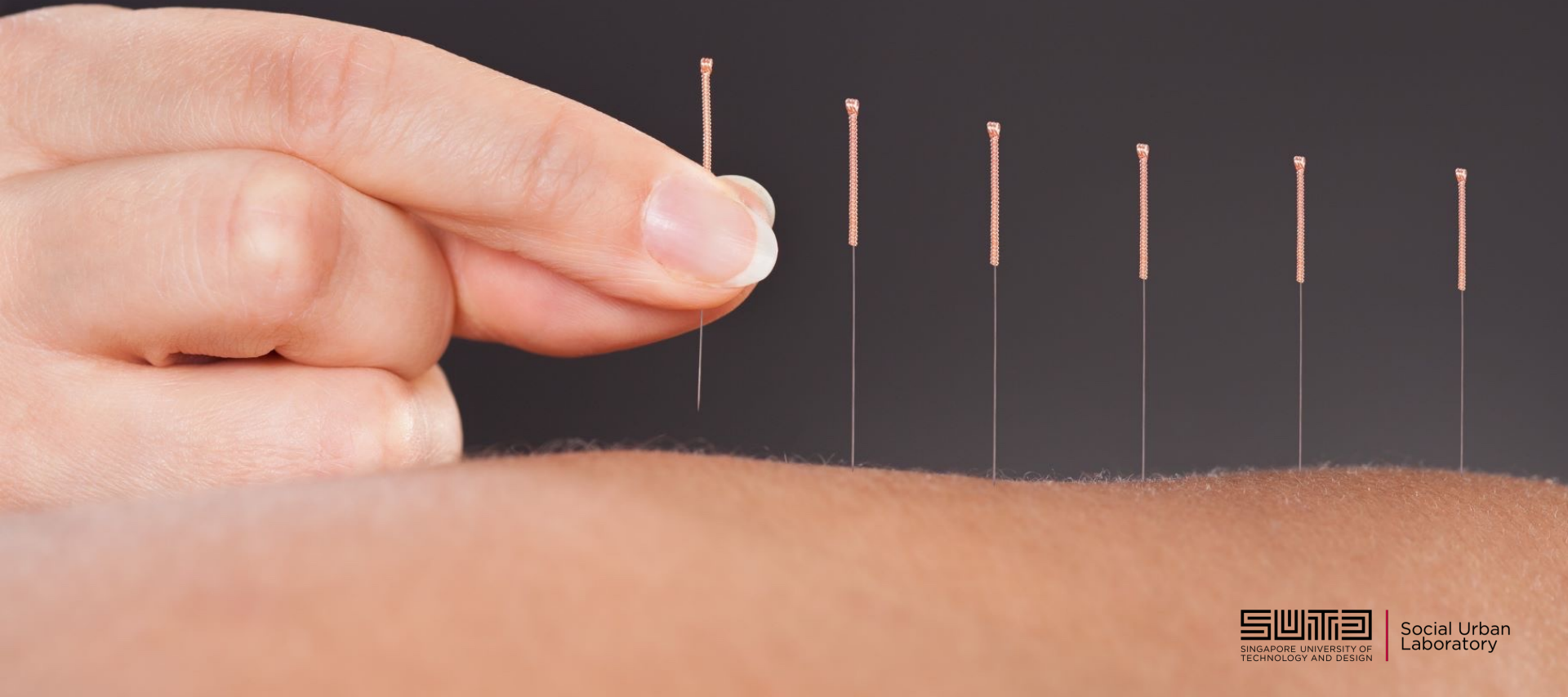Segment personal care from medical care, create new living models within community

DEVELOPMENT

Focus on self-development & growth, mutual support among seniors and across generations

PROJECT 1

TOUCHpoint
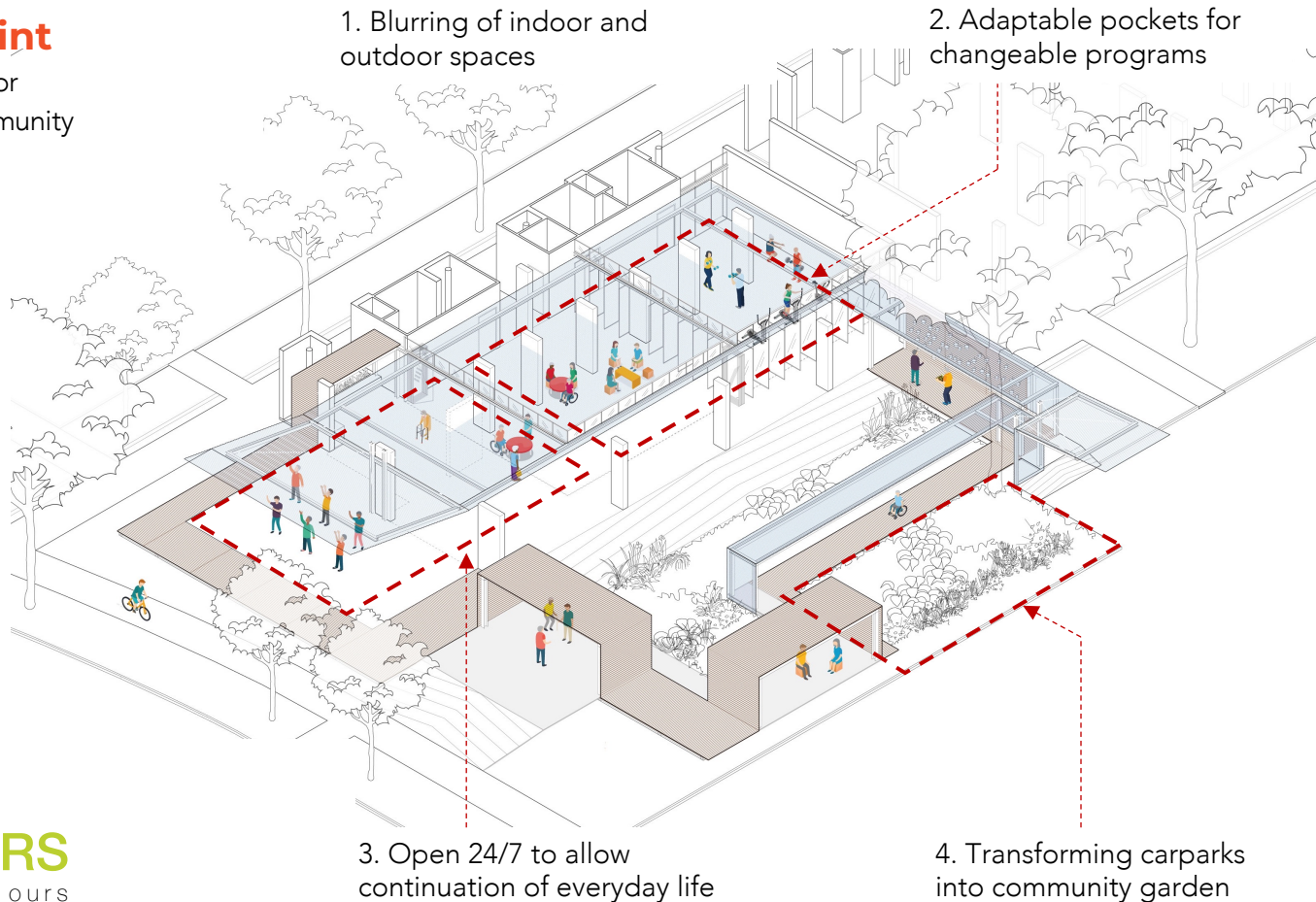Archi-puncture for
Ageing-in- Community

1. Blurring of indoor and outdoor spaces

2. Adaptable pockets for changeable programs

3. Open 24/7 to allow continuation of everyday life

4. Transforming carparks into community garden

COLOURS
collectively ours

TOUCHpoint
Archi-puncture for
Ageing-in- Community

7th ELDERCARE
INNOVATION
AWARDS 2019
WINNER
WELLNESS INTEGRATION OF THE YEAR

COLOURS
collectively ours

Photo: Oddinary Studio
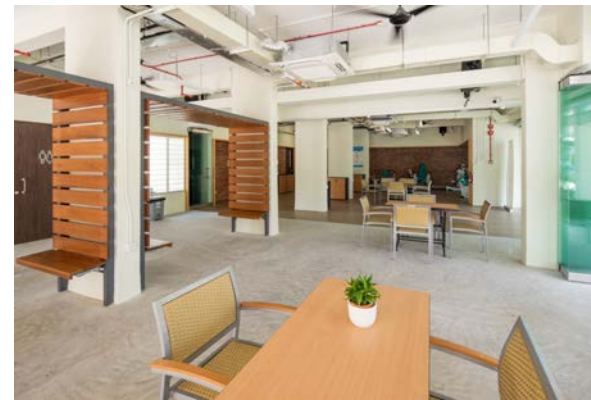
Photo: Oddinary Studio

Pelatok Art Farm
Archi-puncture for Mental Wellbeing

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SingHealth
Defining Tomorrow's Medicine

Changi General Hospital
SingHealth

SAA

ground-up initiative

Changi Simei GROs

SOFTWARE	WEEK ONE	WEEK TWO	WEEK THREE	WEEK FOUR

PLACE DESIGN WITH RESIDENTS

Co-design Workshops | GUI: Sensory Farm Tour | Co-design session

HARDWARE	WEEK FIVE	WEEK SIX	WEEK SEVEN	WEEK EIGHT

PLACEMAKING WITH ACTION TEAM

Building a Community Art Farm

Bringing the Farm to Life

HEARTWARE	WEEK NINE	WEEK TEN	WEEK ELEVEN	WEEK TWELVE

PLACE-KEEPING BY COMMUNITY

Bringing the Farm to Life

HARVEST | Identifying core team | Empowering the action team

Pelatok Art Farm
Archi-puncture for Mental Wellbeing

PELATOK
ART FARM
FIRST HARVEST
30th JULY 2022
9AM-12PM

Photo: SOULab

Common Good Pavilion
Singapore Archifest 2022

Photo: SQULab

SUTD SINGAPORE UNIVERSITY OF TECHNOLOGY AND DESIGN | Social Urban Laboratory   SAA   ground-up initiative

Lighthouse
Archi-puncture for Dementia Inclusivity

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CENTRE for LiveableCities SINGAPORE

aic agency for integrated care

Uncle Lim, 84
Lives with his wife and helper
Used to do tai chi at the park
Was a hawker for 25 years

Mrs Tan, 60
Lives with her husband, son & helper
Was a successful salesperson

Madam Quek, 70
Lives with her daughter
Has stayed in her flat for 40 years, hardly leaves home

Madam Lee, 76
Lives with her helper
Worked as an accounts assistant before retiring in 60s

Mrs Goh, 76
Lives with her husband, Downsized to current flat 5 years ago

Madam Tay, 83
Lives with 2 helpers and children will rotate staying over daily, fluent in Malay

Madam Poh, 80
Lives with daughter & helper
Housewife for decades
Quiet & introverted

Madam Chan, 82
Lives with her daughter in multigenerational home
Likes to be physically active

Madam Ho, 82
Lives with grandson & helper
Volunteered at AWWA for 8 years

Madam Wee, 76
Lives alone
Diagnosed 3 months ago
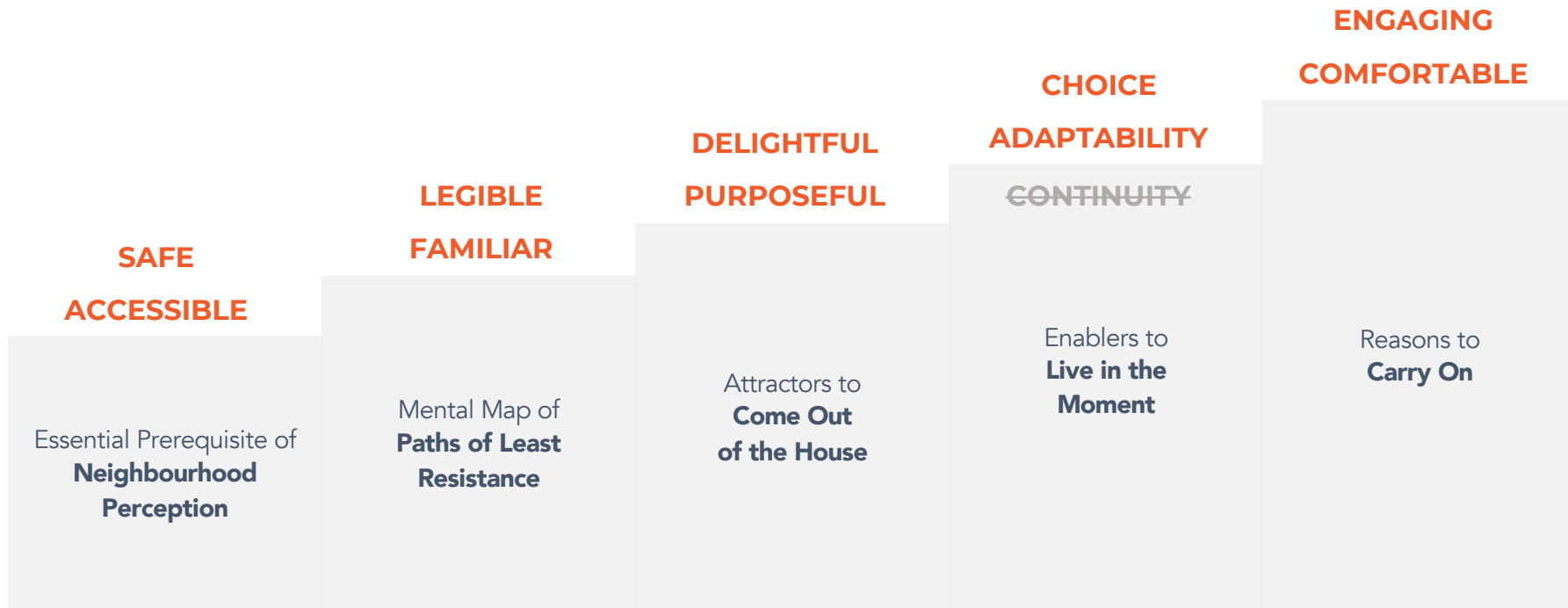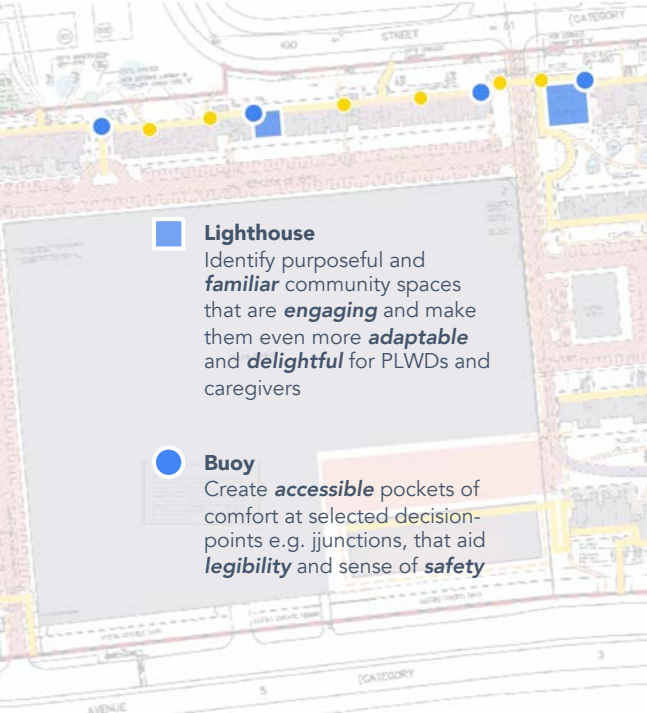*Remains independent*

*Names have been changed to protect the privacy of the interviewees
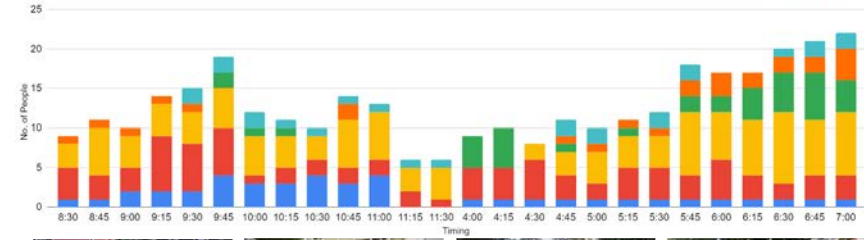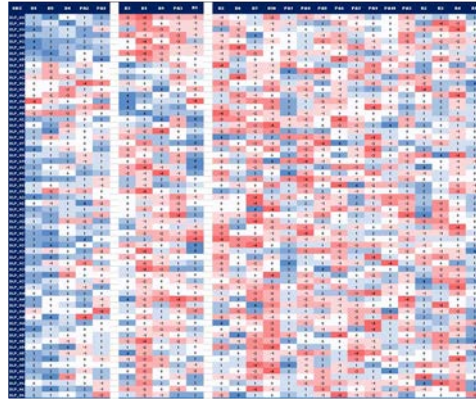
Lighthouse
Archi-puncture for Dementia Inclusivity

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CENTRE for
LiveableCities
SINGAPORE

AiC
agency for
integrated care

ENGAGING

COMFORTABLE

CHOICE

ADAPTABILITY

~~CONTINUITY~~

DELIGHTFUL

PURPOSEFUL

LEGIBLE

FAMILIAR

SAFE

ACCESSIBLE

Reasons to
Carry On

Enablers to
Live in the Moment

Attractors to
Come Out of the House

Mental Map of
Paths of Least Resistance

Essential Prerequisite of
Neighbourhood Perception

Lighthouse
Identify purposeful and *familiar* community spaces that are *engaging* and make them even more *adaptable* and *delightful* for PLWDs and caregivers

Buoy
Create *accessible* pockets of comfort at selected decision-points e.g. jjunctions, that aid *legibility* and sense of *safety*

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Recharge

Archi-puncture for Active Living

Recharge
Archi-puncture for Active Living

Transform waiting time
into
20-30 minutes
active time per day

Desired outcome:
to achieve
150-300 minutes
of moderate activity in a week

*Weekly recommended guidelines by Health Promotion Board 2022

Thank you!

CREATIVE AGEING CITIES
PLACE DESIGN WITH OLDER PEOPLE IN ASIAN CITIES

second beginnings
Senior Living Redefined

CHONG KENG HUA
KANG FONG ING

COMMISSIONED BY
LIEN FOUNDATION
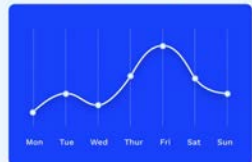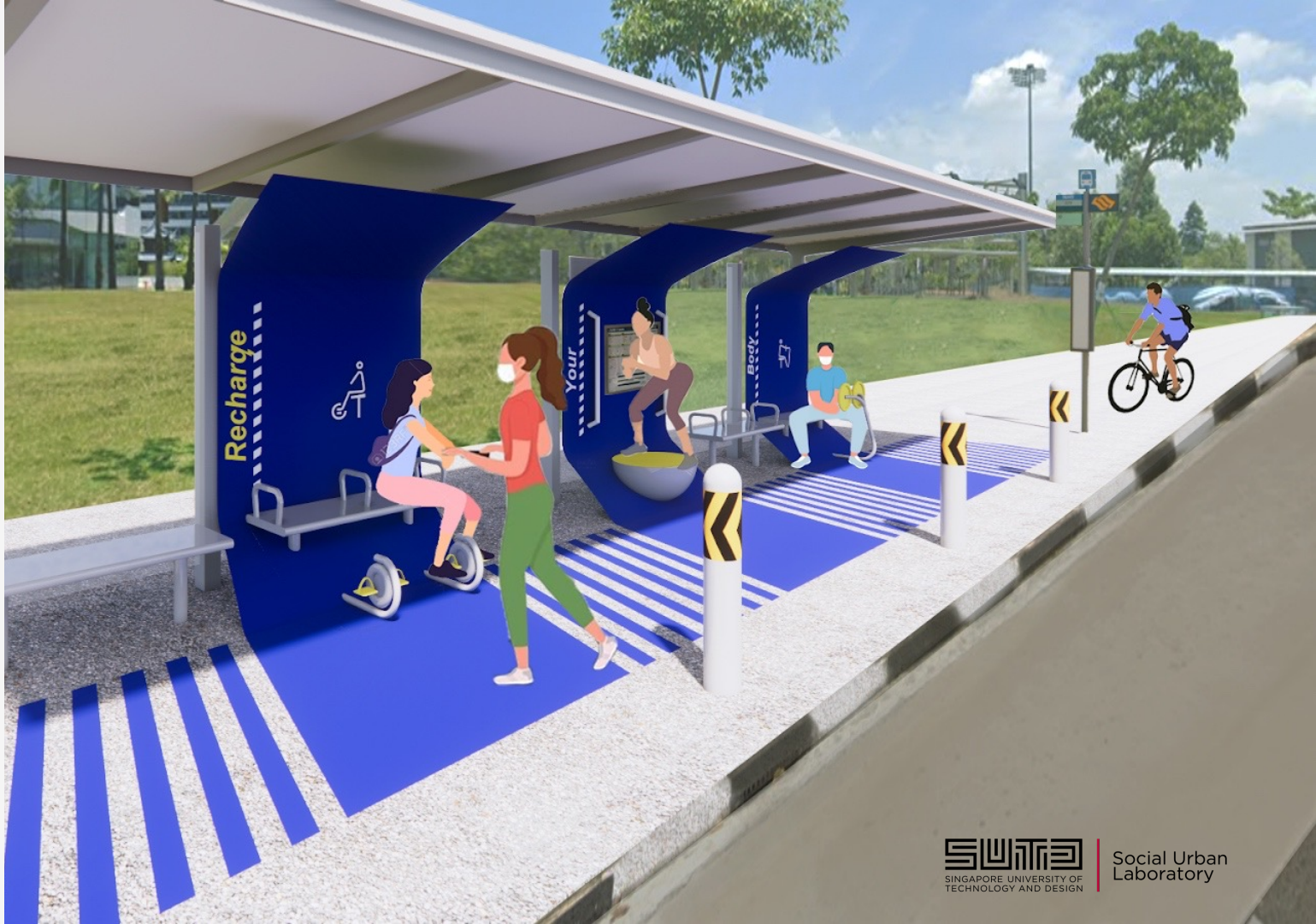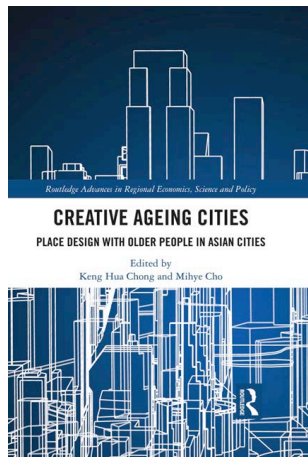
soulab.co

col-ours.com

in Dr Chong Keng Hua
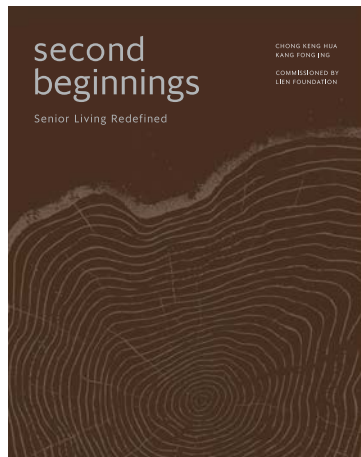
SHORTLISTED FOR THE
PRESIDENT*S
DESIGN AWARD
SINGAPORE 2020

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COL**OURS**
collectively ours

Research & Design Team:
Sofia Foo, Natasha Yeo, Lim Aunn Ning, Lun Ci Min, Cheng Sin Mei,
Summer Ha, Denise Nicole Lim, Neo Sze Min,
Kanchana, Sokkalingam, Yoehi Kato, Chloe Gao Tongchaoran,
Tan Zi Hua, Low Si Hong, Diane Lee, Kang Fong Ing

Collaborators:
Lien Foundation, TOUCH Community Services, MND Centre for Liveable Cities (CLC),
Agency for Integrated Care (AIC), MOH Office of Transformation (MOHT), SingHealth,
Changi General Hospital (CGH), SAA Architects, Ground-Up Initiative (GUI)